

**Outline of a 2 year Neonatology educational course (80 lectures)**  
**PLUS 2 graduate level courses (GENETICS and BIostatistics & EPIDEMIOLOGY)**  
Approximate Percent in  
Examination

**I. Maternal-Fetal Medicine (6 lectures) ..... 6%**

Lecture 1

Physiology and maternal adaptation to pregnancy

Lectures 2

- A. Maternal medical disorders affecting the fetus
- B. Effect of medications and environmental agents on fetus

Lectures 3

Obstetric conditions and complications affecting the fetus

Lectures 4

Early fetal assessment, screening, ultrasound and treatment modalities during pregnancy

Lectures 5

Fetal monitoring including FHR and Doppler

Lectures 6

Labor and Delivery

**II. Asphyxia and Resuscitation (3 lectures)..... 4%**

Lectures 1

Perinatal Asphyxia/ Hypoxic Ischemic Encephalopathy

Lecture 2

Neonatal resuscitation

Lecture 3

Simulation and case studies

**III. Cardiovascular (8 lectures) ..... 9%**

Lecture 1

Embryology, Development and physiology

Lecture 2

Cyanotic congenital heart disease

Lecture 3

Acyanotic congenital heart disease

Lecture 4

Cardiopulmonary distress in the absence of congenital heart disease

Lecture 5

Ultrasonography – define the anatomy with case studies

Lecture 6

Electrocardiography, electrophysiology, and dysrhythmias

Lecture 7

Pharmacologic therapy of heart disease

**IV. Respiratory (12 lectures)..... 12%**

Lecture 1

Embryology and lung development

Lectures 2

Pulmonary physiology

Lecture 4

Surfactant metabolism

Lecture 5

Respiratory distress syndrome (RDS)/Transient tachypnea

Lecture 6

Pneumonias, meconium aspiration syndrome (MAS), and PPHN

Lecture 7

Other causes of respiratory distress including CDH, CPAM, chylothorax and air-leak syndromes

Lecture 8

Apnea of prematurity and neonatal respiratory control

Lecture 9

Non-invasive Respiratory support (CPAP and NIMV).

Lecture 10

Mechanical Respiratory Therapy (PPV, HFOV, HFJV)

Lecture 11

Inhaled iNO and ECMO, iNO

Lecture 12

Chronic lung disease, bronchopulmonary dysplasia

**V. Genetics, Dymorphism and IEM (20 lectures)..... 7%**

Graduate level course done once every 3 years by the division of Medical Genetics

**VI. Nutrition (6 lectures) ..... 8%**

Lecture 1

Nutrition and growth (fetal and neonatal) including changes in body composition

Lecture 2

Large- and small-for-gestational age (LGA - SGA) infants

Lecture 3

Minerals, vitamins, and trace elements

Lecture 4

Enteral nutrition

Lecture 5

Parenteral nutrition

Lecture 6

Energy requirements with case studies

**VII. Water/Salt/Renal (3 lectures)..... 5%**

Lecture 1

Water and electrolyte metabolism

Lecture 2

Normal and abnormal renal function and development in the fetus and neonate

Lecture 3

Acquired renal disease

**VIII. Endocrine/Metabolic/Thermal (6 lectures) ..... 5%**

Lecture 1

Sexual differentiation and adrenal disorders

Lectures 2

Thyroid disorders

Lecture 3

Pituitary and Adrenal disorders

Lecture 4

Glucose metabolism

Lecture 5

Calcium, phosphorous, and magnesium metabolism

Lecture 6

Thermal regulation

**IX. Immunology (3 lectures) ..... 3%**

Lectures 1

Development and biology of the immune system

Lectures 2

Specific components of the immune system: B-lymphocytes (Ig), T- lymphocytes and PMNs

Lecture 3

Complement system, circulating factors and inflammation

**X. Infectious Diseases (6 lectures) ..... 6%**

Lectures 1 & 2

Infections of organ systems

Lectures 3 & 4

Etiologic agents: Bacteria

Lectures 4 & 6

Etiologic agents: Viruses, Fungi and Protozoa  
Preventive measures

**XI. Gastroenterology (6 lectures) ..... 4%**

Lecture 1

Development of the GI tract including digestion and absorption

Lecture 2

Developmental anomalies and GI obstruction

Lecture 3

Pancreas, CF and malabsorption syndromes

Lecture 4

Abdominal wall defects

Lecture 5

Acquired disorders of the GI tract including NEC

Lecture 6

Liver disease of the newborn infant/Abdominal masses

**XII. Bilirubin (2 lectures) ..... 2%**

Lecture 1

Bilirubin: Biochemistry, Metabolism & Toxicity

Lecture 2

Bilirubin: Physiologic, Pathologic and Breast Milk Jaundice

**XIII. Skin Disorders (2 lectures) ..... 2%**

**XIV. Hematology/Oncology (4 lectures)..... 5%**

Lecture 1

Erythrocytes disorders

Lecture 2

Platelets and coagulation

Lecture 3

Leukocytes and Transfusions

Lecture 4

Neonatal Oncology

**XV. Neurology (6 lectures) ..... 7%**

Lecture 1

Neurologic evaluation and neuro-diagnostic laboratory tests (LP)

Lecture 2

Development of the nervous system including CBF and neurotransmitters

Lecture 3

NTD and hydrocephalus

Lecture 4

Intracranial hemorrhage, vascular injury and Neurological trauma

Lecture 5

Seizures and Neurodiagnostic evaluations

Lecture 6

Other Neurologic Disorders including vascular malformations and neurocutaneous disorders

**XVI. Developmental outcome (3 lectures) ..... 3%**

Lecture 1

Neurodevelopmental examination and diagnosis of ND impairment

Lecture 2

Cerebral palsy and Mental retardation

Lecture 3

Effects of the environment and Neonatal abstinence/withdrawal syndromes

**XVII. Eyes, Ears, Nose, Mouth, Throat, and Neck (3 lecture) ..... 3%**

Lecture 1

Normal development and abnormalities of EENT

Lecture 2

Normal development and abnormalities of mouth, throat and neck

Lecture 3

Retinopathy of prematurity

**XVIII. Basic Principles of Pharmacology (2 lectures) ..... 2%**

**XIX. Health Services Delivery, Ethics & Family counseling (2 lectures) ..... 2%**

Lecture 1

Organization and Health Services Delivery

Lecture 2

Ethical issues, limits of viability and end of life care

**XX. Core Knowledge in SA (12 lectures)... ..... 5%**

Lecture 1

Principles of Teaching and Learning

Lecture 2-4

Evidence Based Neonatology – workshop/exercises

GL course done once every 3 years by MD/MPH Obstetrician in conjunction with MFM fellows

8 lectures